**Fall, 2016, Programs**

September 7 Course **Starr Costello** *Love, Suffering, Betrayal: Works by Aldo Carotenuto on Passion and Individuation*

What better discloses the tangled truths about individuation than the struggle for human relationship? Two works by the illustrious personality theorist and Jungian analyst, Aldo Carotenuto, will guide us in our discussion of the dynamic tensions between love, affiliation, and the search for personal authenticity. We will grapple with perennial questions about the nature and demands of romantic love, with a view toward deepening our awareness of how love and longing reveal to us our greatest potentials and darkest depths. We will consider ecstatic dimensions of the love experience alongside the power of longing to unleash unspeakable features of human personality: obsession, shame, jealousy, the struggle for power, and the fragmentation of identity.

Our discussion of love and suffering concludes with Carotenuto’s demonstration of betraya­l, in romantic love as well as within the context of family and community affiliation, as an essential feature in the development of personality. Come share your perspective on the glories and unavoidable sufferings inherent in our search for human connection!

Readings:  Aldo Carotenuto, *To Love, To Betray: Life as Betrayal.* Wilmette: Chiron Publications, 1996

Aldo Carotenuto, *Eros and Pathos: Shades of Love and Suffering*. Toronto: Inner City Books, 1989

(Dates: September 7, 14, & 28; October 5)

***Melanie Starr Costello****, Ph.D., is a licensed psychologist, historian, and Zurich-trained Jungian analyst in private practice in Washington, D.C. She earned her doctorate in the History and Literature of Religions from Northwestern University. A former Assistant Professor of History at St. Mary's College of Maryland, Dr. Costello has taught and published on the topics of psychology and religion, medieval spirituality, and clinical practice. She is the author of the book Imagination, Illness and Injury: Jungian Psychology and the Somatic Dimensions of Perception, published by Routledge.*

September 8 Course **Tim Lyons** *The Body and Individuation: Physical Healing and Awareness*

*Everyone carries a shadow, and the less it is embodied in the individual’s conscious life, the blacker and denser it is. . . . If it is repressed and isolated from consciousness, it never gets corrected and is liable to burst forth suddenly in a moment of unawareness.* -C.G. Jung

*Blood is the liquid spirit of life, the seat of the soul; one signs a contract with the devil with blood. . . . You see, the spirit in the blood is of course the unconscious spirit: wherever the spirit is in the blood the unconscious begins to stir.*-C.G. Jung

Jung realized that “individuation cannot occur without the body.” The longer the blacker and denser manifestations of the shadow are denied, the greater the chance that the denseness may evolve into physical disease.  How can we become more conscious of our contracts with the devil in terms of our blood, our defenses, self-destructive lifestyles, and self-medications that become part of our negative conditioning and identity?  We can become *over* identified with our blood, our genes, our race, our culture to the extent we are ready to go to war.

The Internet, drugs, and food products are often designed for consumption with the built-in intention that the more that consumers remain unconscious of their own self-destruction, the greater the profit.  As a result, the task of becoming self- aware is becoming increasingly difficult.  Unfortunately wellbeing is *not* addictive and so many self-destructive behaviors and substances *are*.  Learning how to dissolve this conditioning of the body can help us discover our inner teacher.  If we can ask what the ultimate meaningful purpose of these blockages are, at any stage of their development, we can create a great opportunity for transformation and reclaiming energy for individuation.

In this course we will examine the essential role of the body as “mandala of the divine” and how the “will of the soul” is mirrored in the “will” of the body in the individuation process.  As Jung put it, “If man does this consciously and intentionally, he avoids all the unhappy consequences of repressed individuation.”

We will dialogue about the consequences of repressed individuation of the body, which can wake us up to the necessity of physical healing, boosting the immune system for both the body and the psyche, and ultimately lead us to self-realization.  We will consider recent developments in neuroscience and cancer and spontaneous remissions, as well as examine concepts such as the somatic unconscious and the subtle body, in order to gain greater insight into healing and the prevention of disease.  We will look at methods of inner work and the use of integrative medicine for healing, using our own body as an experimental alchemical laboratory so that we can forearm ourselves or deal with a disease that does occur in a way that brings us to consciousness.

***Tim Lyons,*** *LICSW, is a Jungian-oriented psychotherapist in private practice in Capitol Hill and Takoma Park, Maryland.  He is a frequent course presenter at the Jung Society of Washington and has studied Tibetan Buddhism, Taoism, and yoga for many years.  He is also an architect, has written for the Washington Post, and has lectured at the Smithsonian Institution.* (Dates: September 8, 15, 22, 29; October 6)

September 9 Seminar **JAWA** (10:00 a.m. – 1:00 p.m.) *The Hunger for Attachment*

Clinical Perspectives: Seminars by Jungian Analysts, sponsored by the Jungian Analysts of Washington Association (JAWA)

Description of the Seminar:

“The Hunger for Attachment” seminar is the first in this year’s Clinical Perspectives: Seminars by Jungian Analysts series. This seminar investigates the interface between attachment theory and archetypal psychology and its application to the practice of psychotherapy. The archetypal dimension of attachment will be amplified through several folk tales of Hans Christian Andersen and symbolic clinical material, including dreams and transference interactions. Special attention will be paid to the development of what John Bowlby called internal working models which are formed in childhood and their consequent influence on adult relationships and their role in the process of individuation. This will be examined against a background of evidence based clinical studies.

Target Audience, Educational Methods & Objectives:

This is an advanced level workshop, open to established clinicians and advanced students of analytical psychology. Assigned readings will be analyzed through a combination of lecture and class discussion. At completion of this workshop participants will be able to:

1.Define attachment as a category of developmental psychological theory. 2. Name the four types of attachment and describe what affects their development. 3. Illustrate the archetypal dimension of attachment. 4. Describe how attachment style developed in childhood affects adult relationships both in and out of the clinical setting.

Presenter:

Julie Bondanza, PhD is a licensed psychologist and certified Jungian analyst who trained at The New York Institute of Jungian Psychology. She has been the Education Director of both JAWA and The C. G. Institute of New York and the Director of Training at PAJA. Presently, she is the Program Director of C.G. Jung Foundation of New York. Dr. Bondanza has taught throughout the United States on developmental psychology and psychoanalytic concepts.

Continuing Education:

For psychologists 3 CEs will be awarded. This program is sponsored by the Jungian Analysts of Washington Association (JAWA). JAWA is approved by The American Psychological Association to sponsor continuing education for psychologists. JAWA maintains responsibility for this program and its contents. JAWA adheres to the Ethical Principles of Psychologists. Questions concerning content and program objectives may be addressed to Melanie Starr Costello, PhD, drmscostello@gmail.com, 301-928-9333.

REGISTRATION:

Please send an email listing your name, clinical discipline (psychologist PhD, LCSW, LPC, or other) to drmscostello@gmail.com. Bring your payment of $90 in the form of a check make payable to “JAWA” to the seminar.

September 12 Course **Julie Bondanza** *Mid-Life and Beyond*.

Novels and plays that focus on the difficulties and possibilities in later life and their effects on the process of individuation.

(Dates: September 12 & 26; October 10 & 24; and November 7)

***Julie Bondanza****, Ph.D., is a licensed psychologist and a diplomate Jungian analyst who trained at the C.G. Jung Institute of New York, where she was Director of Training, a job she also held with the Philadelphia Association of Jungian Analysts. She has taught extensively in New York, Philadelphia, Pittsburg, and Washington, as well as for various Jung societies across the country.   Presently she serves the board of the C.G. Jung Foundation of New York and continues to serve as its program chair, a post she has held for many years. Dr. Bondanza practices in Takoma Park and lives in Washington, D.C.*

September 13 Course **James Hollis** *Memories, Dreams, Reflections: An Introduction to the Life of Carl Jung*

Toward the end of his life, Jung was pressured to write his autobiography, which he declined to do; however, he did agree to speak aloud his recollections, which were in turn recorded and edited by his secretary Aniela Jaffe. In this memoir, Jung speaks of his formative experiences in childhood, his encounters with Freud, his mid-life turbulence, his travels, and his late thoughts on time, death, and immortality. Because it is more an unfolding of his inner life and its development than a recitation of outer events, at the millennium, TIME Magazine identified MDR as one of the great works of the spirit for the entire twentieth century.

This course will offer a chance to get an overview of Jung’s life and contributions as well as provide a forum for an interactive exchange between instructor and class.

Required reading: C.G. Jung, *Memories, Dreams, Reflections*

(Dates: September 13, 20, & 27: October 4)

***James Hollis****, Ph.D., is the current executive director of the Jung Society of Washington, a practicing Jungian analyst, and an author.*

September 16 Lecture **Dennis Slattery** *Being Called to Co-hearance*

A life of co-hearence and co-hearance suggests a dialogue or conversation between various parts of ourselves as they seek an underlying unity in an on-going pilgrimage that C.G. Jung called “a process of individuation.” The lecture will entertain those moments in our lives of being called and our possible responses to them: accepting the call, rejecting the call, or ignoring it through “call waiting.” It will explore Jung’s own encounter with the mythic dimension and his own quandary surrounding his not knowing what myth he himself was living.

***Dennis Patrick Slattery****, Ph.D.,* has been teaching for 45 years, the last 21 in the Mythological Studies Program at Pacifica Graduate Institute. He is the author, co-author, editor, or co-editor of 24 books, including one novel and six volumes of poetry, two with accompanying CDs. He has also published over 200 articles in journals, books, newspapers, magazines and on-line journals. His most recent books include *Bridge Work: Essays on Mythology, Literature, and Psychology* and *Our Daily Breach: Exploring Your Personal Myth Through Herman Melville’s Moby-Dick.* He offers *Riting Personal-Myth Retreats* in the US, Europe, and Ireland, based in part on the works of Joseph Campbell, as well as others. He can be reached at dslattery@pacifica.edu; www.dennispslattery.com

September 17 Workshop **Dennis Slattery** *Writing Retreat*

Furthering Friday’s lecture, we will use several Writing Meditations from Dr. Slattery’s book, *Riting Myth, Mythic Writing: Plotting Your Personal Story* to burrow a bit deeper into patterns that contour our personal myth. We will not use laptops but rather engage cursive writing in journals to capture the spiralic movement that Jung believed was the geometry that stimulated all psychic development. Bring a journal and your favorite writing instrument for these meditations.

September 23 Film Night **April Barrett** *Caring for the Soul: An Introduction to Jungian Psychotherapy for Patients and Therapists* with Murray Stein Part 1

Jungian psychotherapy is a secular method of dealing with emotional and mental problems facing modern individuals, but it also includes a specifically spiritual perspective in the work and welcomes the emergence of numinous experience into the consulting room as part of the individuation process. The experience of the numinous is seen as an important feature of attending to the needs of the soul and is indeed a key instigator of healing and the generation of a meaningful sense of identity. Hence, the use of the term 'soul' in this seminar.

In this DVD presentation, Dr. Murray Stein elucidates the fundamental features of Jungian psychotherapy. He looks at the heart of Jungian psychotherapy and its basic perspectives on the needs of the soul, the question of illness and health, and the quest for meaning and identity in a rapidly changing multicultural world. He includes one of the best historical reviews of how Jungian Psychology came into being and then spread across the globe. He explores Jung's personal life, the first generation of Jungian analysts and the subsequent training institutions that developed.

***Murray Stein,*** *Ph.D.,* is a supervising training analyst and president of The International School of Analytical Psychology in Zurich, Switzerland (ISAP Zurich). He is the author of</i> The Principle of Individuation <i>and many other books and articles in the field of Jungian Psychoanalysis. From 2001 to 2004 he was president of the International Association for Analytical Psychology. He has lectured internationally and presently makes his home in Switzerland.

September 24 Group WiseWomen

September 30 Film Night **April Barrett** *Caring for the Soul: An Introduction to Jungian Psychotherapy for Patients and Therapists* with Murray Stein Part 2

Jungian psychotherapy is a secular method of dealing with emotional and mental problems facing modern individuals, but it also includes a specifically spiritual perspective in the work and welcomes the emergence of numinous experience into the consulting room as part of the individuation process. The experience of the numinous is seen as an important feature of attending to the needs of the soul and is indeed a key instigator of healing and the generation of a meaningful sense of identity. Hence the use of the term 'soul' in this seminar.

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October 3 Course **April Barrett** *On Dreams and Death: A Jungian Interpretation*

by Marie-Louise Von Franz

Maintaining that dreams prepare people for death and afterlife and that traditional religions have ignored dreams on death, Marie-Louise von Franz discusses the symbolism of death in dreams. She also compares death dreams to accounts of near-death experiences. The earlier editions reproduce the following from Elizabeth Kubler-Ross in the back matter. It begins: *Marie Louise von Franz has to be congratulated on a true masterpiece on research and interpretation of dreams by patients prior to a sudden or anticipated death. The common denominator does not seem to be simply an end of earthly existence, but transformation into a continuation of another form of life.*

(Dates: October 3, 17, & 31; November 14 & 28)

***April Barrett*** *is in service to the dissemination of Jung's thought through her participation and training with the Creative Initiative Foundation, the Guild for Psychological Studies, and the Jung Society of Washington, for which she is co-director of programs and secretary/treasurer of the board.*

October 7 An Evening With **Barbara Barski-Carrow**

When a tragedy strikes, a person generally will feel shaken and unable to think clearly.  They may experience nightmares, flashbacks, an inability to sleep. How do we interact with trauma survivors: what do we say; what should we do? How do we help?

This evening we focus on two basic facts: it is difficult for trauma victims to return to their families, communities, workplaces; it is also difficult for families, communities, and co-workers to know how to approach the trauma survivor. Tonight we will discuss some common effects of trauma, and be introduced to Study Circles in small groups to learn methods that can help foster recovery.

**Barbara Barski-Carrow**, Ph.D., is a human resource consultant and educator, author of *When Trauma Survivors Return to Work: Understanding Emotional Recovery*, has contributed a chapter to *Techniques of Grief Counseling*, edited by Robert Neimeyer, and writes on topics related to trauma and loss. She lectures and consults on workplace issues related to trauma. She received her Masters degree in Organizational Behavior/Management from Georgetown and her doctorate in Human Resources and Adult Education from Virginia Tech.

October 8 Jungian Studies Reading Seminar

(Dates: October 8, November 12, & December 10)

October 14 Lecture **Nancy Furlotti** *Attending the Well at the Dawn of Life*

For the Quicheˊ Maya, the world has been created and destroyed four times, as described in the *Popol Vuh*, their sacred book called *The Dawn of Life*. This account of creation and destruction forms the template of how humans and Gods interact in a

recurrent cycle of death and rebirth. While remaining conscious of humanity’s own shadow, they compensate by staying in relationship with the Gods through self-sacrifice. The collapse of the Mayan empire over a thousand years ago offers a timeless warning of the cost of human arrogance, war, and degradation of the environment. Just as Jung called us to internal exploration and balancing, so the *Popul Vuh* is a collective call to balance our consciousness with greater respect for the Gods and our environment.

**Nancy Swift Furlotti,** *Ph.D.,* is a Jungian Analyst in Los Angeles and Santa Barbara. She is a past president of the C.G. Jung Institute of LA, founding member and co-president of the Philemon Foundation, long-term ARAS board member, founding member of the Kairos Film Foundation, and on the Pacifica board of directors. Dr. Furlotti is co-chair of the C.G. Jung Endowment at the Semel Institute at UCLA, where she includes the Jungian perspective through dialogue. She also serves on the board of FARES, Foundation for Anthropological Research and Environmental Studies, in Guatemala, where she has a longstanding interest in Mayan mythology and culture. She lectures in the U.S. and internationally, has written numerous articles, and co-edited *The Dream and Its Amplification* with Erel Shalit. She recently founded Recollections, LLC to edit and publish first- generation Jungian material.

October 15 Workshop **Nancy Furlotti** *The Popul Vuh: An Amplification and Explanation of the*

*Mayan Creation Story*

Together we will explore the Mayan vision of the failed first three worlds, and the successful creation of the fourth. We track the often-humorous and always-imaginative descent of two hero twins into the underworld to combat demonic shadow powers.

Utilizing Jung’s tool of “amplification” enables us to access psychological insight into this seemingly remote world. As a result, we will both acquire insight into this timeless myth and gain a deeper appreciation of the risk and perils of our own moment in this continuing story.

October 18 An Evening With *Joan Chowdorow**On Authentic Movement*

Joan Chodorow will join us for a discussion of the uses of dance/movement as a form of active imagination in analysis. In 2006 and again in 2014, she decided to record and share elements of her work with three groups in Prague.  Discussion topics could include an introduction to mover-witness practice as a way of learning about ourselves as well as each other; the symbolic play of childhood; memory, imagination, and the emotions. She will also present a playful introduction to elements of neuroanatomy *via* symbolic enactment.  All of these illustrate elements of the archetypal affects and their development. She will update material she presented for the Jung Memorial Lecture in 2009, including recent moving images of the ego-self axis.  The overall working hypothesis is this:  All of the higher functions of the psyche have evolved from Joy, Interest, and Surprise as they modulate and transform the affects of crisis and survival.  This modulating process can be seen in the cycle of rupture and repair between

parent and infant.  It is also seen in play, dreams, fantasy, active imagination, and creative imagination.  It is an important and useful theory because the connections proposed between the senses, the emotions, Jung’s ego functions, and the symbolic cultural attitudes do exist. As a theoretical synthesis, the archetypal affect system offers a useful set of lenses to help us see.  For those who might prefer another hypothesis, I invite you to reflect on the question:  What else could it be?

***Joan Chodorow****, Ph.D.*, is a Jungian analyst in California’s Bay Area. She is a graduate of the original C. G. Jung Institute of Los Angeles and is a member of the C.G. Jung Institute of San Francisco. Her dance therapy training includes work with Mary Whitehouse. Publications include Dance Therapy and Depth Psychology (author) and Jung on Active Imagination (editor).

October 27 Course **Sondra Geller** *Jung Face To Face: What Happens in the Silent Space between Analyst*

*and Analysand?*

In this experiential course we will explore the interpersonal dynamics constellated in the analytic relationship. Particular focus will be on what happens in the often-silent space when the client makes art in the presence of the analyst. How does this experience facilitate the process of individuation?

Many clients entering into the deep work of analysis are often concerned about the feelings evoked by working so intently and so soulfully with another. One often thinks of the dynamics of the parent/infant/child days. Jung had many ways of talking about this phenomenon; field dynamics, mutual influence, mixed unconscious and alchemical conjunction. This course will use the experience of art-making to give an overview of how what is both seen and unseen in analysis advances the work of individuation.

(Dates: October 27; November 3 & 17; December 1 & 8)

***Sondra Geller,*** *MA, ATR-BC, LPC is a Jungian Analyst, a Board Certified Art Therapist, and a Licensed Professional Counselor. She is in private practice in Chevy Chase, Md. She lectures and gives workshops for The George Washington University Art Therapy Master's Program, Philadelphia Jung Institute/PAJA, the Jung Society of Washington, and the C.G. Jung Institute in Kusnacht, Switzerland. Her focus is on Making Art in the Presence of the Analyst, Jung and Aging, Jung and the Creative Process, and Jungian Art Therapy. Sandy was recently guest co-editor of a special issue of Psychological Perspectives, "Aging and Individuation," and she presented a paper entitled "Sparking the Creative in Older Adults" at a Conference by the same name, sponsored by Psychological Perspectives and the Jung Institute of L.A.*

October 29 Group WiseWomen

November 1 Course **Phyllis La Plante** C.G. Jung’s *Aion: Researches into the Phenomenology of*

*the Self,*CW9ii.

Jung was 75 when *Aion* was published. He promises that understanding this volume “would do much to remedy our philosophic disorientation.” He is prophetic in warning of the danger to the individual and to the collective when the problem of the opposites is left unresolved. Jung collects and discusses a wealth of material ranging from Christian and fish symbolism through Gnosticism and alchemy. This volume contains his most cogent description of the structure of the psyche.

We will mine *Aion*for philosophical insight as we examine Jungian theory, and for psychological benefit as we ground symbolic material in personal experience. For a special treat, we will attempt to determine the advent of the Aquarian Age and what it would mean to become a Water Bearer. Please read through page 22 for our first meeting.

(Dates: November 1, 8, 15, 29; December 6)

***Phyllis LaPlante*** *is a Jungian analyst and Licensed Clinical Social Worker who lives in Fairfax, Virginia.*

November 2 Course **Cathryn Polonchhak** *Working Deeper with Jung's Psychological Types:*

*The Gold in the Inferior Function*

Carl Jung's *Psychological Types* was published in 1921; however, by the mid-1930s, Jung expressed serious concerns regarding the misinterpretation of his psychological-type theory. He warned his readers against a static labeling of self and others. He wrote:

*This regrettable misunderstanding completely ignores the fact that this kind of classification is nothing but a childish game. . . . My typology is . . . not in any sense to stick labels on people at first sight.*

Jung goes suggests that his readers would get a better and deeper understanding of his psychological-type theory, particularly the “type problem” if they read more than just the superficial classification chapter in his book.

In this course, we will seek a deeper understanding of Carl Jung's psychological types, as well as his solution to the “type problem,” also called the “problem of opposites.” While we will examine and discuss both the structure and the descriptions of Jung's psychological types, our main focus will be on the “inferior function” and its most important role in the individuation process. It is through this least-developed function that a doorway exists that allows the contents of the unconscious to enter consciousness ­– thus creating the potential for both change and renewal.

During this five week class, we will read:

C. G. Jung *Psychological Types*, CW, volume 6 (Chapters II, V, and X)

Marie-Louise von Franz' monograph: “*The Inferior Function*,” in Jung's Typology by M-L von Franz and James Hillman.

**Cathryn Polonchak** is a certified Jungian Analyst and a Licensed Clinical Social Worker in the state of West Virginia. She has a private practice in the Shepherdstown and the Charles Town/Harpers Ferry areas of West Virginia. In addition to her membership in JAWA, Cathryn is a member of the Philadelphia Association of Jungian Analysts (PAJA), the Inter-Regional Society of Jungian Analysts (IRSJA), the International Association of Analytical Psychology (IAAP), and the National Association of social Workers (NASW). She was the past Director of Seminar for PAJA.  She is interested in the interface between body and mind, particularly at the psyche-soma level of trauma.

(Dates: November 2, 9, 16, 30; December 7)

November 4 Lecture **Carolyn Bates** *The Unnatural Other: Alienation and Containment in Cyberspace*

Rarely do technological advances elicit neutral responses.  From the arrival of the telegraph in 1838 to Arthur C. Clarke’s introduction of HAL, the Heuristically programmed Algorithmic Computer, in “2001, A Space Odyssey,” we find ourselves

confronted with a multifaceted relationship to technology.  Jung’s address of the psychical components and psychological processes related to the phenomenon of mass sightings of UFO’s underscores the capacity for technology, imagined and real,

to constellate archetypal projections.  We will consider the nexus of psychological and virtual realities in virtual space, specific projections placed on technology, and the ways in which the Internet and electronic forms of communication are either rejected as “alien other” or internalized as “known other.”  Our intricate and ambivalent relationship with the virtual space provided by electronic technology suggests that such space serves as a projective container for archetypal processes and discarded aspects of psyche.  My interest in a psychological perspective of the phenomenon of cyberspace and the Internet has grown over time from listening to people referencing the Internet, both positively and negatively, as “other” – how it serves as mistress with seductive enticements and as confidant, providing emotional sanctuary.  The Internet has changed our subjective experience of interpersonal connectivity and it may be changing the way the human mind thinks and processes information.  It is never far from us, and would appear now to be an integral element of our intrapsychic lives, serving as connector, interrupter, and self-object.

***Carolyn M. Bates****, Ph.D.,* is a clinical psychologist and Jungian analyst in private practice in Austin, Texas. She is a senior training analyst with the Inter-Regional Society of Jungian Analysts and the current president of the Texas Seminar of the I-RSJA. She has offered presentations, workshops, and classes to psychoanalytic and analytic groups on dream interpretation, pilgrimage, music as metaphor for the analytic dialogue, and synchronicity and trauma. She has been increasingly interested in the entanglement of both the individual and collective psyche in the virtual world known as “cyberspace” and in the psychological interplay between human and machine.

November 5 Workshop **Carolyn Bates** *The Unnatural Other: Alienation and Containment in Cyberspace*

On Saturday, we will engage in dialogue and reflective writing, using imagery and the film “Life of Pi” to bring us into a deeper and more personal exploration of our involvements, concerns, joys and needs related to cyberspace.  Participants are strongly

encouraged to view the Ted Talk by Amber Case entitled: “We are all cyborgs now.”

This talk is available – where else – online! at http://www.ted.com/talks/amber\_case\_we\_are\_all\_cyborgs\_now.  Participants are also strongly encouraged to view the film “Life of Pi” (Ang Lee, director) available on Netflix DVD.  This film invites us to understand more deeply Jung’s concept of the Self as the central organizing principle in our psyches.  In exploring how we organize around our deepest instincts and most compelling symbols, we may better understand how we organize ourselves around the world of the Internet.

November 11 An Evening With **Mary Ann Melpolder** *For Those Who Mourn:  Moving Beyond Kübler-Ross to Current Perspectives on Dying and Grieving*

Dr. Elisabeth Kübler-Ross was a pioneer in modern Western medicine’s understanding of the experiences of the dying.  She created her five-stage model (denial, anger, bargaining, depression, and acceptance) as a way of formulating the reactions of those facing a terminal illness.  Her ideas were later taken as a proscriptive model for how both the dying and the bereaved ought to feel and act.  Unfortunately, such a model does not capture the reality of what mourners actually experience, and it leaves people woefully unprepared for dealing with a significant loss.  Adding to this problem is the collective loss of knowledge held by previous generations, who were intimately familiar with death because it occurred frequently and at every stage of the life cycle.  The high standards of living and advanced medical care that have greatly lowered our current mortality rates have also left us ignorant about how to cope with death when it does strike.

The relatively new field of Thanatology (the study of death, dying, and bereavement) offers new perspectives and concepts that deepen our understanding of what it means to cope with dying and bereavement.  This evening we will explore topics that include experiences of the dying at the very end of life (nearing-death awareness, terminal lucidity, and the use of metaphoric language); multiple factors that impact bereavement; different ways that people experience and express grief; current models of bereavement; and research on survival of consciousness and after-death communication.

*Mary Ann Melpolder has had a life-long interest in death, dying, bereavement, and consciousness. She holds Master’s degrees in Thanatology from Hood College and in American Studies with a focus on warfare from the University of Maryland.  She served for two years as a hospice volunteer with Montgomery Hospice, working with the dying and their families both in their homes and at the in-patient facility, Casey House.  She is a member of the Association for Death, Education, and Counseling, and the International Association of Near-Death Studies.  She has extensively studied near-death experiences, nearing-death awareness, and the evidence for after-death communication.*

November 18 An Evening With **Bonnie Damron** *Memories, Dreams, Reflections of Childhood*

As we approach the winter holidays, a time for children, both inner and outer, let’s take a moment to reflect on the image from childhood.  For most of the history of human kind, childhood was not thought of as a special time of life.  It was Charles Dickens who gave us the inner lives of children with the publication of*Oliver Twist*(in serial from 1837-1839).  Because of Dickens, we now realize that children have feelings, insights, grief, and struggles.  In the Jungian world, two early works come to mind.  The first is the ground-breaking book by Frances G. Wickes, *The Inner World of Childhood.”*The second is *Children’s Dreams: Notes from the Seminar Given in 1936-1940* by C.G. Jung, 100 years after the works of Dickens.

During this program, we will consider childhood dreams, memories, and inner thoughts, understanding that childhood is not only a time of safety, play, and joy, but is often fraught with sadness, loss, and trauma.  As we consider the ideas of psychologists, writers, and educators, you will be invited to reflect upon your own experiences of childhood, and I will share some of my remembered thoughts and dreams.

***Bonnie L. Damron****, Ph.D., L.C.S.W., is a Jungian-Oriented psychotherapist in private practice in Northern Virginia. Bonnie is a clinician, cultural anthropologist, artist, and storyteller. She teaches courses in mythology, fairy tales, Shakespeare, the Greek Classics, and readings in the writings of C. G. Jung. She also leads contemplative retreats, and conducts study tours in Crete. She holds a Masters of Social Work from Catholic University, a Doctorate Degree in American Studies from the University of Maryland, and has completed the Two-Year Pattern Analyst Certificate Program at the Assisi Institute in Brattleboro, Vermont.*

November 19 Group WiseWomen

December 2 Lecture **Julie Bondanza** *Self-Betrayal*

We may, perhaps through belief in our own rectitude, succeed in escaping adverse criticism and deceiving ourselves.  But deep down a still small voice says to us: “Something is out of tune” (C.G. Jung). Listening to that “still small voice” may help us find the ways in which we betray ourselves. What does it mean to betray one’s own development to individuation?  Does it mean we try to please others, that we conform to others’ expectations?  Does it mean we ignore the demands of the Self?  Does it mean we ignore our dreams, our instincts, our desires?  Did Oedipus betray himself? Did King Lear? Did Othello? Are these betrayals inevitable?  What, if anything, can we do about it? In this lecture/discussion, we will explore what it means to betray ourselves and what the consequences might be.

***Julie Bondanza,*** *Ph.D.,* is a licensed psychologist and a diplomate Jungian analyst who trained at the C.G. Jung Institute of New York, where she was Director of Training, a job she also held with the Philadelphia Association of Jungian Analysts. She has taught extensively in New York, Philadelphia, Pittsburg, and Washington, as well as for various Jung societies across the country.   Presently she serves the board of the C.G. Jung Foundation of New York and continues to serve as its program chair, a post she has held for many years. Dr. Bondanza practices in Takoma Park and lives in Washington, D.C.

December 3 Workshop **Julie Bondanza** *Self-Forgiveness*

*That I feed the hungry, that I forgive an insult, that I love my enemy . . . these are undoubtedly great virtues . . . but what if I should discover that the poorest of beggars and the most impudent of offenders are all within me, and that I stand in need of my own kindness; that I myself am the enemy who must be loved?  What then?*  -C.G. Jung

While it is extremely difficult to do, it is fundamentally important that we learn to accept and forgive ourselves. Guilt and shame, both debilitating emotions, suggest that something is amiss and that further exploration is necessary. Following on Friday’s program on Self Betrayal, we will explore the mechanisms at work when self-forgiveness is needed and some ways of moving toward acceptance of responsibility, toward the release of guilt, shame and remorse, and ultimately to self-forgiveness.